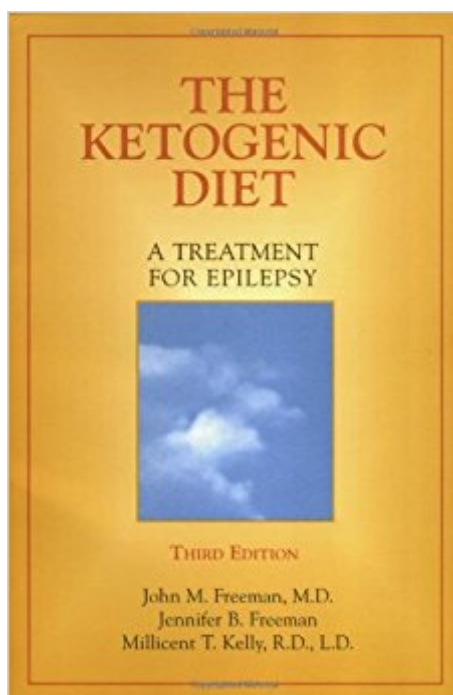


The book was found

The Ketogenic Diet: A Treatment For Epilepsy, 3rd Edition



Synopsis

Sometimes referred to as "miracle diet," the ketogenic diet has helped doctors treat difficult-to-control epileptic seizures in thousands of children. Coauthored by four respected experts from Johns Hopkins, *The Ketogenic Diet* continues to be the definitive guide for parents, physicians, and dieticians wanting to implement this strict diet. This Fifth Edition has been extensively updated to reflect current advances in understanding how the diet works, how it should be used, and the future role of the diet as a treatment. Six new chapters address how to integrate the diet into all cultures, religions, and taste preferences; new information on modified and less restrictive versions of the diet, and modified Atkins diets are included. The book also covers exciting new research that shows the diet may work for people with other neurological illnesses. This best-seller also includes sample meal plans, a food database, how to calculate foods, and much more.

Book Information

Paperback: 224 pages

Publisher: Demos Health; 3 edition (August 1, 2000)

Language: English

ISBN-10: 1888799390

ISBN-13: 978-1888799392

Product Dimensions: 9 x 6 x 0.6 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.4 out of 5 stars 80 customer reviews

Best Sellers Rank: #1,004,311 in Books (See Top 100 in Books) #16 in Books > Health, Fitness & Dieting > Children's Health > Epilepsy #105 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Epilepsy #496 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Ketogenic

Customer Reviews

"While this is a profoundly rigorous diet, with potentially serious side effects, Freeman, Kossoff, et al. discuss every facet of the process with clarity and professionally restrained optimism. Under proper guidance and with real dedication, this diet may be the path to recovery for children with difficult-to-control seizures."-Kirkus Reports "A 'must'...Very highly recommended as a top alternative to medication for kids with epilepsy."-The Midwest Book Review "This book is easy to read... Anecdotes from families that have used the ketogenic diet are interspersed throughout the chapters and make the...text more interesting, and bring the diet to life... This book is highly

recommended for pediatric consumer health libraries."-CAPHIS Consumer Connections "If we had had the information in this book fifteen months earlier, a vast majority of Charlie's \$100,000 of medical, surgical, and drug treatment would not have been necessary, a vast majority of Charlie's seizures would not have occurred." -- From the Foreword by Jim Abrahams, Director, The Charlie Foundation to Help Cure Pediatric Epilepsy (CAPHIS Consumer Connections 2010-01-01)

is an Assistant Professor of Neurology and Pediatrics and a member of The John M. Freeman Pediatric Epilepsy Center, as well as the Division of Pediatric Neurology at Johns Hopkins Hospital. He is the Associate Director of the pediatric neurology training program and co-author of The Ketogenic Diet, Fourth Edition. Dr. Kossoff is the editor of "Keto News" on www.epilepsy.com. He has dedicated his career to investigating and researching the impact of putting young children with epilepsy on a 95% fat diet to control their seizures. developed the ketogenic diet while working at Johns Hopkins University. The pediatric epilepsy center at Johns Hopkins was renamed The Johns Hopkins John M. Freeman Pediatric Epilepsy Center in his honor in 2002. The diet and the center were featured on Dateline in a 1994 edition as a therapy for childhood seizure disorders. "Dateline" reported that miraculous results were obtained in a large percentage of the patients who were placed on the high fat diet. is the Ketogenic Dietitian for the John Freeman Epilepsy Center at The Johns Hopkins University responsible for all nutritional aspects for patients following the ketogenic diet, including education, follow up and menu planning. neurodevelopmental pediatrician on the full-time staff at Kennedy Krieger Institute and The Johns Hopkins Hospital.

Good info

It claims complete remission, historically, for 10% of those who try it. It further claims that 50% benefit from the technique. Now that's not perfect but you have to eat something so why not use the food that could substantially reduce or eliminate seizures. I am just now just getting started but the odds look good.

This book was recommended to us by our child's epileptologist as we started to prepare to put him on the Ketogenic diet. The intended audience is both parents and medical professionals. It is well written and easy to navigate. Real life anecdotes and examples are provided about how other families have handled being on the diet. Very grateful for this book.

a must read for persons suffering with epilepsy. follow the diets and results are great. every one should not expect the same results. always consult with doctor before starting this diet.

Great handbook for those embracing a ketogenic diet for epilepsy.

Very important information about alternative treatment for epilepsy. If your child has been on more than two anti-seizure medications and the seizures are not controlled, read this book. It has been very helpful.

I read this edition after reading the 2nd edition, and I couldn't be happier with it. This edition includes information about the diet's use in infants, as well as tube feeding issues. I was very glad to see the added info, as my 4 month old son began the diet recently and we're still fine-tuning it. Thanks to this book, not only do I understand more about the diet's "quirks", I feel I'm more able to assist the dietitians and neurologists in the planning of my son's diet. I highly recommend it to anyone who's considering implementing the diet.

The Ketogenic Diet: A Treatment for Children and Others with EpilepsyÂ A very WELL WRITTEN book, easy to read, and takes a frightening subject and makes you able to breathe again. We are thrilled that this was the first book we were handed on this subject as it is very thorough. It is never easy to be faced with such a dramatic, life altering decision, but going into it knowledgeable and well prepared sure helped! If you or someone you love is being placed on the diet, this is a MUST HAVE in your library.

[Download to continue reading...](#)

Epilepsy: Cure - What You Need to Know about Epilepsy: Therapy, Diagnosis, Treatment, Diet, Signs, Symptoms and Medication (Epilepsy Books - Epilepsy Therapy ... Treatment - Epilepsy in children Book 1) Ketogenic Diet: Ketogenic Diet Mistakes to Avoid for Rapid Weight Loss (Ketogenic Diet for Weight Loss, Ketogenic Diet for Beginners, Diabetes Diet, Paleo Diet, Anti Inflammatory Diet, Low Carb Diet) Ketogenic Diet: Ketogenic Diet Weight Loss Made Super Simple (Ketogenic Diet, Ketogenic cookbook, Ketogenic food, Ketogenic diet cookbook) (Volume 1) Ketogenic Diet: Ketogenic Diet Mistakes You Need To Know **BONUS** 30 Day Accelerated Fat Loss Meal Plan! (ketogenic diet, ketogenic diet for weight loss, ... diet, paleo diet, anti inflammatory diet) Ketogenic Diet: Ketogenic Diet: Eat Fat Get Thin: Keto: 100+ Easy Ketogenic Diet Recipes For Extreme Weight Loss. The Ketogenic Diet Beginners Guide To ... Keto, Ketosis, Weight Loss,

Ketogenic Diet) LOW CARB DIET: KETOGENIC DIET: 1000 BEST LOW CARB AND KETOGENIC DIET RECIPES (BOX SET): low carb cookbook, ketogenic diet for beginners, low carb diet for beginners, low carbohydrate diet, ketogenic Ketogenic Diet: The Best Diet For Rapid Weight Loss: Over 21 Recipes & Meal Plans Included (Ketogenic Diet, Seizure Diet, Anti Inflammatory Diet, High ... Diet, Epilepsy Diet, Paleo, Ketosis Foods) The 10 Day Ketogenic Cleanse: The Metabolism Booster Your Body Needs To Burn Fats (keto diet, high fat diet, ketogenic diet for weight loss, fat loss, ketogenic, ketogenic, ketogenic diet) Ketogenic Diet: Beginners Guide For Rapid Fat Loss And Vitality (Ketogenic Diet For Beginners, Ketogenic Diet Meal Plan, Ketogenic Diet Mistakes, Low Carb Diet) Ketogenic Diet For Beginners: Simple and Fun 3 Weeks Diet Plan for the Smart (Ketogenic Diet, Weight Loss, Keto Diet, Fat Loss, Ketogenic, Health, Fitness, Ketogenic Diet For Weight Loss(Ketogenic: 6-in-1 Ketogenic Diet Box Set: Lose Weight Till Spring With 110 Ketogenic Recipes: (Ketogenic Diet, Ketogenic Plan, Weight Loss, Weight Loss Diet,Beginners Guide) Ketosis: Ketogenic Diet Weight Loss Made Super Simple (Ketogenic Diet, Ketogenic cookbook, Ketogenic food, Ketogenic diet cookbook) (Volume 1) Keto Clarity: Rapid Weight Loss with Ketogenic Diet: The Simple Ketogenic Diet Cookbook Recipes for Beginners(ketogenic diet for weight loss, diabetes, diabetes diet, paleo, paleo diet, low carb) Ketogenic Diet: The Ketogenic Diet Cookbook: 30 Ketogenic Diet Lunch Recipes For Rapid Weight Loss And Amazing Energy (Ketogenic Cookbook Series 2) Ketogenic Diet: Over 100 Pressure Cooker Recipes - The Essential Quick And Easy Ketogenic Pressure Cooker Cookbook: Ketogenic Cookbooks, Ketogenic Diet Books, Keto Diet Book (2nd) 365 Days of Ketogenic Diet Recipes: (Ketogenic, Ketogenic Diet, Ketogenic Cookbook, Keto, For Beginners, Kitchen, Cooking, Diet Plan, Cleanse, Healthy, Low Carb, Paleo, Meals, Whole Food, Weight Loss) Ketogenic Diet: 365 Days of Ketogenic Diet Recipes (Ketogenic, Ketogenic Cookbook, Keto, For Beginners, Kitchen, Cooking, Diet Plan, Cleanse, Healthy, Low Carb, Paleo, Meals, Whole Food, Weight Loss) Ketogenic Diet :The Step by Step Guide For Beginners: Ketogenic Diet For Beginners : Ketogenic Diet For Weight Loss : Keto Diet : The Step by Step Guide For Beginners Ketogenic Diet: The Ketogenic Diet for Weight Loss: Your Ultimate Guide to Rapid Weight Loss and Amazing Energy!: 20+ Mouth-Watering Recipes Included (ketogenic diet, atkins diet Book 1) Ketogenic Diet: The Ketogenic Diet for Weight Loss: Your Ultimate Guide for Rapid Weight Loss and Amazing Energy (Ketogenic Diet, Atkins Diet, ... Beginners, Intermittent Fasting) (Volume 1)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help